

# Dasa Sanyojana (Ten Fetters)

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*"The Highest gift all gifts is the gift of Dhamma"*

-Lord Buddha-

## Dasa Sanyojana (Ten Fetters)

According to the teachings of the Lord Buddha beings are tied to the wheel of births and re-births (Samsara) because of the Fetters (Sanyojana). These Fetters are ten in number. They are eliminated at each stage of the path to Nibbana.

The ten fetters and the elimination of the fetters at each stage of the path to Nibbana is given below.

1. Sakkaya Ditti (Wrong view)
  2. Vicikicca (Doubt regarding the Dhamma)
  3. Silabbata-paramasa (Clinging to and having faith in rites and rituals)
  4. Kamaraga (Sensual desires)
  5. Patigha (Ill will)
  6. Rupa raga (Desire to be born in Rupa Loka)
  7. Arupa raga (Desire to be born in Arupa Loka)
  8. Mana (Conceit)
  9. Uddhacca (Restlessness)
  10. Avijja (Ignorance of reality)
- Eradicated at  
the Sotapatti  
Stage
- Suppressed at Sakadagami Stage  
And  
Eradicated at Anagami Stage
- Eradicated at  
the Arahatta  
Stage